

Chung (late of Guy's Hospital, London), and now Matron of the Government Hospital, Tientsin. "How can the Nurses' Association help China?" was the subject. And Miss Chung, after a graceful appreciation of efforts made, gave us many useful suggestions for enlarging our coasts and raising the standard of nursing; and thus being "the means of helping China to a body of trained Chinese women to minister to the sick, the Association will have supplied one of China's sorest needs."

Various suggestions were made, such as—"Every trained nurse already in China being joined to the Association—each province having its own branch"; "Aiming at each year to send a suitable girl to England or America for full training." In China, we fear for some years yet the training must be one-sided, for male nurses are essential in most of the men's hospitals; Chinese girls have not as yet taken up that side of nursing. Another point Miss Chung emphasized, and which most of us were grateful to her for doing so, was: "We nurses must keep up our ideals and standard of nursing, not lowering it, and not excusing ourselves by saying the Chinese do not appreciate it and will not like this or that. If they do not, we must educate them to appreciate the best. It is no good trying to help China unless we try to improve the standard of living. And we must remember it is not because they are Chinese that their standards are low, but because they have not seen better things. Then let us show them the better things. I beg each member—you who are giving your services so generously—to do it with the spirit of true helpfulness, to treat the Chinese as human beings, to raise the standard of nursing, to raise the people to enjoy this standard; forget race differences, for are we not all Christians, brothers and sisters in Christ, whether they be Negroes, Chinese, Americans or English? If God makes no distinction, who are we that we should make one? At the last judgment, God says, 'Saints triumphant shall stand before me gathered in from every race.'"

"Let us, then, take pains not to lower the standard of the nursing profession. Indeed, I feel that the Association can be the means of raising it. And my one desire for us all is that our Association may be the means of really helping China, and helping her in the right way, for we can supply one of her greatest needs."

The members of the Nurses' Association of China are all fully-trained nurses, whether Chinese, English, American, or any other nationalist, working in China. The officers for the ensuing twelve months represent three nationalities, Chinese, American, and English. Thus, with their united efforts, they hope to bring the training schools for nurses in China to a high level; and by experience gained, hope to avoid many weak points that have hampered the profession in its onward course in other lands.

A. CLARK,

Gen. Sec. N.A.C.

OUTSIDE THE GATES.

WOMEN.

OUR DEBT TO OUR DEFENDERS.

Most of the women's clubs throughout the country are busy working for the Army in one way or another, and at the Lyceum in Piccadilly, upon the suggestion of Mrs. Smedley, a League for Help in time of War has been formed. As the Lyceum is mother of a group of international women's clubs its sympathies are very wide, but in addition to its international work the League has been specially formed at the suggestion of Mrs. Bedford Fenwick, to assist the Territorial Force Nursing Service Hospitals in London. During the past month a room has been set aside in which to work and the following ladies have been actively at work:—Mrs. Smedley, general organiser; Miss Campbell Davidson and Mrs. Furnage, hon secretaries, with Miss Cameron and Miss Simpson as assistants; Mrs. Payne, treasurer, and Mrs. Graham assistant. These members, with Mrs. A. Berrill, Miss Davis, Mrs. Ferguson, Mrs. Clarence Rook, Mrs. Vigo, and Mrs. Henley White, constitute the committee.

Already a consignment of most useful garments have been forwarded to the Hon. Mrs. Charles Tufton, who is the hon secretary of the Special War Committee of the Service in London. We learn that the garments have met with approval, and that the felt slippers designed by Mrs. Arthur Berrill are specially appreciated; indeed the Matrons are charmed with them and want more.

The following articles are urgently needed in the majority of our Territorial Hospitals. Day shirts, socks, bed socks, pyjamas (preferably woven), handkerchiefs, cushions and cushion covers, clothing for patients leaving hospitals, pipes, tobacco, matches (not to be placed in pockets), soap, stationery, flowers and plants, books, magazines, newspapers, puzzles, games, arm chairs, carrying chairs, chocolate and jam. Women should put themselves in touch with the Matrons of the General Hospitals of the Territorial Force and others where sailors and soldiers are admitted, which serve the district in which they live, and see that no reasonable want for the comfort and happiness of our sick sailors and soldiers remains ungratified. Imagine our debt—everything we value in life—we owe to them.

WOMEN'S VOLUNTEER DEFENCE FORCE.

The proposal to form a Women's Volunteer Defence Force made by Mrs. Haverfield is meeting with a good bit of criticism. We approve it. For one thing it may do something to disabuse the public mind that the only instrument a woman has a right to wield is a needle (or a hat pin!)—not that we wish to depreciate the use of the nimble needle in any way, but considering that we have amongst us a generation of splendid athletic girls, many of them experts with club, bat, oar and racket, fine horsewomen, champion

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